

# ANTHONY ROBBINS LIVE DATE WITH DESTINY



## RECOMMENDED DWD CREW PACKING LIST:

- A bag to keep all your stuff in in the crew room. (Do not bring valuables)
- Attire for "Day 0" (crew registration day) is casual, anything you want.
- Attire for *all* the other days, will be a *black* crew shirt on top and (ideally) black bottoms. Please look sharp as you're representing TR Crew and Tony Robbins
- Pants – should be (black or dark) chinos, dress pants, skirt, or nice jeans. (If you want to be a dancer on stage, you must have black pants/skirt– no other colors, no jeans)
- If you have BLACK crew shirts from crewing previous events, please bring those to use also. (Each Crew member will receive two black crew shirts at this event.)
- T-shirts, long sleeved shirts or a sweater for under crew shirts for each day. It gets cold in the room and you need to have your crew T-shirt on top of whatever is keeping you warm.
- Food bars, nuts, fruit, raisins -- healthy, nonperishable, snacks, enough to get through the day. Keep your energy up!
- Water bottle - drink lots!
- Comfortable shoes. This is especially important for ushers and mic runners who need to have flexible shoes so they can crouch and squat.
- Your mobile phone - You will get text message announcements at this event.
- A photo of yourself for our "Meet your Crew" poster board.

If you want to be on a specific team, some have special requirements, you should come prepared:

- Event security – Clothing that is all black. No logos, no reflective areas, no colors. Just black. Please bring a black sport coat for day 1. Minimum dress is a polo shirt, dress shirt preferred, no t-shirts please. Also bring a small flashlight, a pocket-sized notebook & a pen.

Some optional extras for your comfort:

- Throat lozenges
- Ear plugs (optional, but nice if you're going to be in the room a lot)

- A pouch or bag to have with you during the day so you don't leave valuables in the crew room.